

SENTIDO

GALOSOL | GALOMAR

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LOCATION

Caniço de Baixo, Santa Cruz
(Southeast Coast)

Directly by the sea, at the
Underwater Nature Reserve
44m above sea level

DISTANCES

Caniço Center | 2,5km
Closest Bus Stop | 100m
Funchal Center | 12km
Madeira International Airport | 10km
Palheiro Golf | 8km
Santo da Serra Golf | 12km

SENTIDO HOTELS

Located on the southern coast of Madeira Island, within the Garajau Underwater Nature Reserve, Sentido Galomar and Sentido Galosol enjoy privileged ocean views — just 10 km from Cristiano Ronaldo International Airport.

These two neighboring hotels encompass four accommodation buildings: three family-friendly and one adults-only. Guests have access to a private swimming bay with a seawater pool and diving center, a gym with multi-sports courts, indoor and outdoor freshwater pools, a luxurious spa featuring panoramic ocean-view saunas and another seawater pool, restaurants and bars.

All these facilities are shared and open to all our guests.

SUN, OCEAN AND POOLS

To encourage sustainable practices, a fee of 1€ will be charged for each towel exchange.

Lido Galomar – Bathing Complex

• Private Seabay; Ocean Direct Access; Surveillance; Diving Center; Solarium; Sunbeds; Kiosk; Changing Rooms; Bathrooms; Snorkeling and Kayak Equipment Rental/ Different watersports and Water Inflatable

Pools

• Lido Sea Water Pool with Children's Area: 18x4m = 72sqm | Height: 1,35m
• Galosol Outdoor Pool with Children's Area: 12x12m = 144sqm | Height: 1,35m
• Galosol Indoor Heated Pool: 11x6m = 66sqm | Height: 1,45m and Jacuzzi
• Galomar Sea Water Pool with Sunbed Area | Adult's Only:
11,8 x 8,6m = 101sqm | Height: 1,30m

RESTAURANTES & BARES

Location	Name	Food&Drinks	Opening Times
Sentido Galosol floor -1 (indoor and terrace)	Restaurante Ondamar	International breakfast buffet and dinner buffet (BB + HB meals)	Breakfast buffet: 7:30-10:00 Dinner buffet: 18:00-21:00
Sentido Galosol floor -1 (indoor and terrace)	Blue Bar	À la carte Snacks and drinks	11:00-18:00
Sentido Galosol (Roadside)	Pizzeria O Galo**	À la carte Pizza Pasta Salads	Wed-Fri 18:00-21:30 Weekends 13:00-21:30
Bathing Complex floor -3 (indoor and balcony)	Restaurante Atlantis**	À la carte Grill Fish and seafood, vegetarian options Breakfast buffet	Breakfast 7:30-10:00 Lunch 13:00-16:00 Dinner 18:00-21:30
Bathing Complex floor -2 (indoor and balcony)	Capoeira Lounge Bar**	Wine & cocktails, coffee snacks and live music	15:00-23:00
Sentido Galomar floor -1 (terrace)	The Shack	Drinks service only	Summer season

All outlets schedules are subject to change.

*Please note that the hotel reserves the right, depending on occupancy, to have only one breakfast venue open and serve breakfast exclusively at Ondamar Restaurant.

** Open to the Public

HB & Dine Around

HB meals are served at Ondamar Restaurant, drinks not included. Dine around at Atlantis Restaurant. Reservations at the reception one day in advance. Credit voucher, difference to consumption to be paid. Option excluded to groups reservations.

Gala Dinners

Mandatory for all HB and FB guests.

Applicable dates: Easter Sunday; Christmas Eve; New Years Eve (Includes transfer to fireworks in FNC. Sparkling wine and midnight soup) - special buffet with house drinks during dinner. Dress code: Festive

SPA ASHOKA AYURVEDA

Complimentary: Panoramic saunas (Bio and Finnish); Steam Bath and Infra-Red sauna; Relaxing room with terrace.

Extra charge services: Detox treatments; Energy work and Individual health programs; massages. Individual and couple massages.

SPORTS & FITNESS

- Cardio Fitness Equipments: TECNOGYM; Weights Area; Cross Fit Box; Multifunction Court; Yoga and Meditation room; Terrace and outdoors
- 70 weekly classes - Les Mills: Power jump; Zumba; Step; Grit; Spinning; Yoga; Pilates; Aqua Gym, Yoga and more.
- Indoor Heated Pool (11x6m = 66vsqm | Height = 1,45m)
- Finnish Sauna; Bio Sauna; Steam Bath; Cold Water Tank
- Extra Cost: Squash Courts; PT; Jogging; Special Yoga; Sport Equipment
- Bathrobe - 5€ per stay/exchange | Deposit 25€
- Yoga Matt - Deposit 10€ per stay

EXPERIENCES

- **Yoga Sessions:** Commitment value will be charged upon booking at the reception
- **Manta Diving Madeira:** House reef with 4 different dive spots (4-34m deep), located directly in the Underwater Nature Reserve. ISO 24803 certified. Nominated as best diving center in the Atlantic, 9 times winner Atlantic and Tropical Fauna/Flora - Gulf stream influence. Equipments rental, Nitrox, Bonex Scooter Ecos+ and GoPro. Diving from the Bathing Complex or from the boat. Open water swimming tours: Pre-booking mandatory. Extra cost service upon request.
- **Centro de Cura Ayurveda:** in collaboration with ASHOKA Ayurveda Tailor-made Programs; Authentic Indian Treatments; Yoga Retreats and Ayurveda; Food Workshops
- **Golf Concierge Service:** Official Partners: Clube de Golf de Santo da Serra, Palheiro Golf. (15-30 min. drive). Extra cost service upon request.
- **Levadas walks:** short access to walks along levadas. Guided walks - Pre-booking mandatory. Extra cost service upon request.

ENTERTAINMENT

- Weekly program activities: Live music shows; Folklore; Themed dinners: Summer BBQ
- Sport events: New year's plunge (Jan.); Cristo Rei trail (Mai.); Fitness Weekend; International Squash Tournament (Sep.); Dates may be subject to change
- Tailor Made Groups: Hiking; Yoga; Diving; Open water swimming; Squash; Choose to make a fully custom itinerary with the assistance of our group specialists.

AWARDS & CERTIFICATIONS

• **Sustainability:** Green Key; Travelife; Distintivo de qualidade Ambiental DRT; WTA (Portugal's Leading Green Hotel - 2017; 2018; 2019; 2021; 2022; 2024)

MEETINGS & EVENTS

With a unique location and an inspiring view over the Ocean, this is the perfect place for your events celebration. Our venues include restaurants, bars, terraces, venues for banquets, cocktails, breakfasts and coffee breaks, all with sea view and natural light.

ROOMS	AREA	CAPACITY	 YOGA	 CLASSROOM	 U-SHAPE	 THEATRE	 RECEPTION	 BANQUET	FLOOR
Sala Atlântico	274m²	180	✱	✱	✱	✱	✱	✱	Vinyl
Sala Desertas	108m²	60	✱	✱	✱	✱	✱	✱	Vinyl
Sala Magnólia	73m²	40	✱	✱	✱	✱	✱	✱	Vinyl
Lido Galomar	50-110m²	130					✱	✱	Concrete

SENTIDO GALOSOL / 125 rooms · Room types description

STANDARD	SUITE	MASTER SUITE
Accommodates: 2+1 View: Garden View; Side Sea View; Sea View Room Area: 28sqm - 35sqm Bed type: Twin beds Balcony: Two chairs and table · Open wardrobe · Desk + Desk chair · Lounge chair and pouf · Connecting rooms · Accessible room	Accommodates: 2+2 View: Sea view and Side Sea View Room Area: 69sqm - 74sqm Bed Type: King Size Balcony: Two chairs and table · 1 Bedroom + living room Fitness Suite · Equipment: Cardio machine: upright bike Fitness Box* · Aroma diffuser · List of training tips from our professional instructors	Accommodates: 4+2 View: Sea View Area: from 146 sqm Bed Type: King Size · 2 Bedrooms + living room + kitchenette · Wine selection list · 3 TV's · Terrace with sunbeds, table and four chairs WC: 2 bathrooms with bathtub and walk in shower Sentido Master Suite · Dressing table · Walk in closet · Aroma diffuser · Ashoka Sensorial Experience: 5 senses

SENTIDO GALOMAR / 77 rooms · Room types description

STANDARD	CLIFF	SUITE	THEMED SUITES
Accommodates: 2 View: Garden View; Side Sea View; Sea View Room Area: 25sqm - 37sqm Bed type: Twin beds Balcony: Two chairs and table · Open wardrobe · Desk + Desk chair · Lounge chair	Accommodates: 2 View: Front Sea View Room Area: 37 sqm Bed type: King Size Bed Balcony: Two chairs and table Cliff edge location	Accommodates: 2 View: Sea view and Side Sea View Room Area: 42sqm Bed Type: King Size Bed Balcony: Two chairs and table 1 Bedroom + living room Fitness Suite · Equipment: Cardio machine: upright bike Fitness Box* · Aroma diffuser · List of training tips from our professional instructors Sentido Suite · Dressing table · Aroma diffuser · Ashoka Sensorial Experience: 5 senses	SUNSET (junior suite) floor 3 Accommodates: 2 View: Sea View Room Area: 42 sqm Bed type: King Size Bed Walk in shower with pebble floor Glass partitions Terrace + outdoor lounge furniture MOONLIGHT floor 3 Accommodates: 2 View: Side Sea View Room Area: 62 sqm Bed type: King Size Bed Balcony: Two chairs and table Skylight Room + living room GALO floor 4 Accommodates: 2 View: Sea view Room Area: 62 sqm Bed type: King Size Bed 1 Bedroom + living room Top floor location Terrace + outdoor lounge furniture

*Fitness Box: Speed ROPE, Steel Cable; Foam Roller, black, 90cm; SVELTUS: KIT 3 Elastic Tubes (Composed of 2x handles; 3 tubes: light, medium and strong); Stability Disc, Wood, diameter 40cm; Premium 120cm latex tube, medium tension; FITBALL: Gymnastics Ball 75 cm; LMX: AB Wheel, double wheel; Yoga Mattress, 5mm, 170x60cm; TRX CLUB C4; Dumbbell set; Wooden backrest (1x2.40mt): For high-intensity interval training to suspension training

COMMON TO ALL CLIFF ROOMS, SUITES AND MASTER SUITES				
· Chaise long · Espresso Machine · Bath robe and slippers · Yoga matt · Complimentary bottle of water and fruit on arrival				
COMMON ALL ROOM TYPES				
WC · Rain shower · Makeup mirror · Hairdryer · Soap shampoo dispenser · Shower gel dispenser	AMENITIES · Tea and coffee making facilities · Safe	TECHNOLOGY · Smart TV 40" · International Channels · Free Wi-Fi · Power plugs USB 220V	SUSTAINABILITY · Waste sorting basket · Towels reuse policy procedure · Tap water flow reduction · Toilet 1/2 water discharge · Air-Conditioning system + sensors	SERVICES AT AN EXTRA COST · Laundry service · Pillow selection list · Mini bar